

TRANSITION TO ADULTHOOD

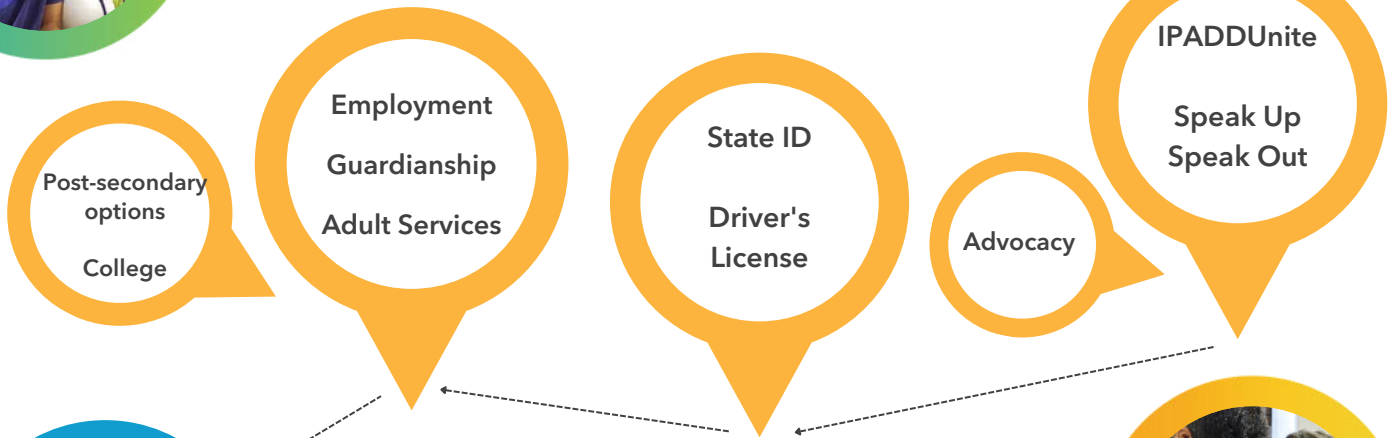
JOURNEY TO SUCCESS

START

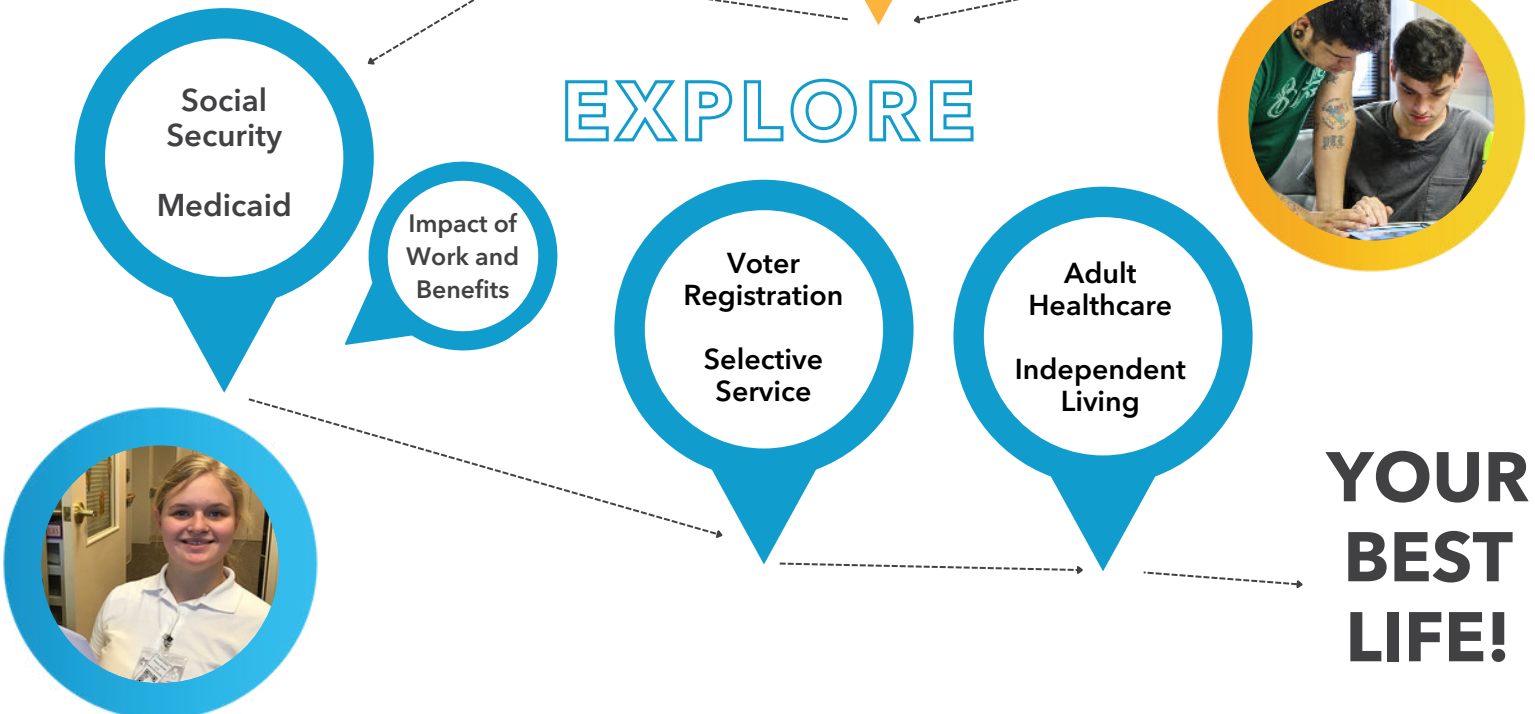
PLAN



CONNECT



EXPLORE



**YOUR
BEST
LIFE!**

TRANSITION TO ADULTHOOD

TIMELINE

MIDDLE SCHOOL AGE AND HIGH SCHOOL FRESHMEN - PLAN AND CONNECT

- Begin IEP Transition planning age 14½ - FMPTIC, EFE
- Update PUNS, as needed with (ISC) agency - ISC
- Consider attending statewide IL Transition Conference
- Consider Special Needs Trust - SNT
- Learn about ABLE accounts - ABLE
- Explore recreation and leisure interests and preferences - FMPTIC, EFE
- Develop independent living skills and increase self-advocacy skills - Advocacy
- Begin early career exploration and assist with chores around the house - EFE
- Volunteer and participate in community service projects - EFE

HIGH SCHOOL (16-18 YEARS OLD) - EXPLORE AND PREPARE

- Vocational interest survey for parents and students - EFE
- Discuss eligibility for DRS/VR (for employment assistance) - DRS/VR
- Consider school and community based work experience programs - IL Lifespan
- Obtain State ID - DMV
- Explore Supported Decision-Making/Guardianship/Powers of Attorney - IL Lifespan
- Discuss post-secondary education/training programs, tour schools programs - TOS
- Attend Transition Resource Fairs
- Transition planning in IEP; discuss graduation requirements and dates - EFE
- Explore Social Security and Medicaid benefits, eligibility, apply as appropriate - TOS
- Register to vote at age 18, Males register for selective service - DMV
- Update PUNS, as needed with (ISC) agency - ISC

POST HIGH SCHOOL (18-22 YEARS OLD) - ON YOUR WAY!

- Parental/school collaboration and advocacy to develop independence - FMPTIC, EFE
- Develop independent living, vocational, social, recreation, leisure skills - EFE
- Explore transportation: RTA, local townships, Paratransit, Uber/Lyft/taxi - RTA
- Obtain employment/enrollment in post-secondary education/training - DRS/VR, Post-Sec Ed
- Explore, tour adult service agencies/providers, attend Transition Resource Fairs - FMPTIC
- Learn about Adult Medicaid Waiver services/ CILA and HCBS (Community Integrated Living Arrangements, Home & Community Based Services) - TOS
- Link to adult service providers for employment, community day services, and residential living options, including supportive housing - ISC/TOS

For more information, contact Michelle Schwartz at mschwartz@clearbrook.org

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RESOURCES

● MIDDLE SCHOOL
 ● HIGH SCHOOL
 ● AGE 18-22

● **The Arc of Illinois**
 The Arc of Illinois is an advocacy organization that provides statewide information and resources for families, professionals, and people of all ages with developmental disabilities. The Arc hosts the annual Speak Up Speak Out Summit (SUSO).

- thearcofil.org | (815) 464-1832
- speakupspeakoutsummit.org

● **Department of Motor Vehicles (DMV)**
 Illinois Legal Aid provides the steps to complete the process of getting an ID with a disability designation.

- illinoislegalaid.org/legal-information/id-cards-people-disabilities
- Application for ID Card: ilsos.gov/publications/pdf_publications/dsd_x164.pdf
- Register (males only) for selective service online or at the post office: sss.gov/register/
- Register to vote at the DMV, at your local election authority, or online: ova.elections.il.gov/

● **Department of Rehabilitation Services/Vocational Rehabilitation (DRS/VR)**
 Assists people with disabilities and their families in making informed choices to achieve full community participation through employment, education, and independent living opportunities. Includes links to Home Service Program, Vocational Rehabilitation (VR), and employment services.

- dhs.state.il.us/page.aspx?item=29736

● **Equip for Equality**
 Offers a Special Education Rights Clinic to help you learn your rights, answer questions, and get your child the support they need. Also provides a Transition Planning Tool for life after school.

- equipforequality.org/issues/special-education/ | (312) 341-0022 | Helpline toll-free: 1+ (866) 543-7046

● **Family Matters Parent Training and Information Center (FMPTIC)**
 Assists parents, students, and educators with solving special education issues, obtaining information, and accessing free training on special education rights and responsibilities and related topics

- fmptic.org/ | (866) 436-7842

● **Illinois ABLE**
 ABLE "Achieving a Better Life Experience" allows people with disabilities to save without impacting their benefits.

- illinoisable.com | (888) 609-8683
- National Resource Center: ablenrc.org/

● **Illinois Assistive Technology Project (IATP-WIPA)**
 Work Incentives Planning Assistance helps individuals with disabilities understand how working will affect their public benefits.

- iltech.org/services/work-incentives-planning-and-assistance | (800) 852-5110

● **Illinois Life Span**
 Provides statewide resources and information focused on developmental disability services and supports through an online database or by phone

- illinoislifespan.org | (800) 588-7002
- Transition Resources: <https://www.illinoislifespan.org/website-links/transition-resources/>

● **Illinois Statewide Transition Conference**
 Organizes a conference for transition-age youth and young adults with disabilities, family members, educators, and other professionals focusing on best practices in promoting effective transition planning and addressing all aspects of adult life

- illinoistransitionconference.org/




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RESOURCES


 MIDDLE SCHOOL



 HIGH SCHOOL


 AGE 18-22



-  **Independent Service Coordination (ISC) Agency**
Connects individuals with I/DD with services in IL
 -  • Northern Cook/Lake Counties: cau.org | (773) 867-4000
 -  • Chicago South Side, West, Southwest Cook: cso1.org | (773) 471-4700
 - South Cook County: subacc.org | (800) 507-5057
 - Service Inc. www.svcincofil.org
 - Region A: McHenry, DeKalb, Boone, Winnebago, Ogle, Lee, Carroll (815) 339-0740
 - Region E: DuPage, Kane, Kendall (630) 425-2350
 - Region F: Will, Grundy, Kankakee (815) 741-0800

-  **IPADDUnite**
Provides Illinois parents, advocates, and self-advocates with online networking, advocacy, and information-sharing opportunities
 -  • ipaddunite.org/



-  **Post-Secondary Education Programs for Special Needs**
 - College of DuPage COACH (Career Opportunity Achievement) Program: (630) 942-2208 | CE@cod.edu
 - Elmhurst College Elmhurst Learning and Success Academy (ELSA): (630) 617-3309 | ahlbergt@elmhurst.edu
 - Harper College Career Skills Institute: (847) 925-6000 ext. 2076 | sbasten@harpercollege.edu
 - Path to Academics, Community and Employment (PACE) at NLU: (312) 261-3770 | paceprogram@nl.edu
 - Southern Illinois University Achieve Program: (618) 453-6155 | achieve@siu.edu
 - Think College: thinkcollege.net | thinkcollegeTA@umb.edu

-  **Prioritization for Urgency of Need for Service (PUNS)**
Email name, DOB, address, and ISC to find approximate date of PUNS selection
 -  • dhs.state.il.us/page.aspx?item=41131 | DHS.DDD.PUNS@illinois.gov

-  **Regional Transportation Authority (RTA)**
Oversees three transit agencies in northeastern Illinois: Chicago Transit Authority, Metra, and Pace. RTA serves Cook, DuPage, Kane, Lake, McHenry and Will counties
 - rtachicago.org/rider-resources/rta-fare-programs
 - rtachicago.org/index.php/rider-resources/accessible-transit/paratransit-certification
 - ADA Certifier: (312) 663-4357
 - ADA Paratransit (door-to-door): (312) 663-4357 | Pacebus.com
 - Other options include Local Village or Township Dial-a-Ride, Lyft, and Uber

-  **Respite Services**
Available for individuals with I/DD who are not already receiving Medicaid Waiver services
 -  • (847) 385-5335 | mbosco@clearbrook.org

-  **Special Needs Trust (SNT)**
An estate-planning tool that enables a person with a disability to receive financial support without negatively impacting Medicaid or Social Security benefits
 -  • specialneedsalliance.org

-  **Transition Outreach Specialist, Clearbrook (TOS)**
Assists with transition planning, connection to resources for Supported Decision-Making, guardianship, applying for SSI and Medicaid, and additional information about services available through Medicaid Waiver (eg. CILA, HCBS) and more
 -  • mschwartz@clearbrook.org | (847) 385-5354