



**STEP IT UP FOR
CLEARBROOK**

5K RUN/1 MILE WALK



CLEARBROOK

Enrich Lives. Embrace Potential.

For Individuals with Intellectual and Developmental Disabilities.



IT'S TIME TO STEP IT UP!

Register to
Volunteer!



September 20
8-10 AM

Cronin
Park

Arlington
Heights

Join us for Clearbrook's 7th annual **Step It Up** on **September 20** in **Arlington Heights**. Every step, and dollar raised, empowers thousands with intellectual and developmental disabilities to live their fullest lives possible.

Volunteers are needed to assist with all aspects of the event - course marshals, t-shirt and food distribution, water stops, activity supervisors, and more!

Join our **Volunteer Crew** at the **HEART** of this inspiring community event!

QUESTIONS ABOUT VOLUNTEERING?

Contact Suzi Berner at sberner@clearbrook.org

Learn more about the event at clearbrook.org/step