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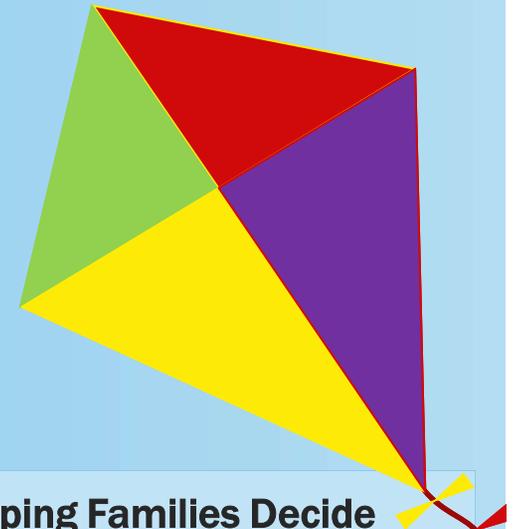
12 QIDP CEUs  
right at your desk!

# Spring 2019 Webinar Series

[www.clearbrook.org](http://www.clearbrook.org) | [www.albatrosstrainingsolutions.com](http://www.albatrosstrainingsolutions.com)



Webinars are Thursdays  
from 10:30am–12:30pm



### **Organization Ideas for the Overwhelmed**

Qs these days are juggling more than ever: increased caseloads, paperwork requirements that don't seem to stop changing and growing, supervising support workers who are battling burn out from all the turnover, and training more new staff than ever before. This informative webinar will not add to your overwhelmed feeling! Instead, you will get quick, easy takeaways that can help you feel less frazzled and ensure you're getting it all done.

**March 21, 2019**

Facilitated by Shannon Benaitis

### **Rethinking Staff Motivation and Retention**

We are in the midst of the worst staffing crisis we've ever seen. How do we retain employees when we are so short on staff? How do we change our onboarding process to get staff in the door and keep them? This webinar will teach you viable alternatives to currently-utilized motivational practices on 3 levels: individual, interpersonal, and organizational. Learn to create a "better team" that is not focused on negativity or a lack of money and technology but instead on making a difference.

**April 4, 2019**

Facilitated by Christine Ziemba

### **Helping Families Decide If a Service Dog is Right for Them**

Service dogs and emotional support animals are everywhere these days. Who can they help? What can they do (and what can't they do)? How do people pay for them? Where do you start looking? Before a family makes the decision to bring a service dog home, some hard questions need to be asked and answered. This session gives professionals those questions, and discusses the implications of all the possible answers, so you can best support the family in making the right decision for them.

**April 25, 2019**

Facilitated by Shannon Benaitis



## Webinars are Thursdays from 10:30am–12:30pm

### What in the LGBTQ?

#### A Discussion on Queer Culture

As providers, we want to serve all individuals who meet our services requirements, regardless of sexual identity, gender, or expression, right? In this webinar, we'll discuss:

What is LGBTQIA? Breaking this acronym into smaller, digestible pieces.

The Gay Agenda- to live happy and marry who we love, just like you.

Does my sex match my brain? Intro to Transsexuality

What kind of funding is available for LGTBQ providers?

LGBTQ etiquette – Can I call you a “Queer?”

How do I make my facility more LGBTQ inclusive for staff and clients?

**May 9, 2019**

Facilitated by Stephen T. Hale

### Mental Illness in Individuals with IDD: Part One

The increasing number of individuals with dual diagnosis of mental illness (MI) and intellectual/developmental disabilities (IDD) in the IDD system, coupled with a lack of staff training on how to work with the complex and sometimes challenging behaviors these individuals present, lead us to ask ourselves, “Are we recognizing mental health issues in individuals with IDD? And if so, are we meeting these individuals’ needs?”

**May 23, 2019**

Facilitated by Shannon Benaitis

### Mental Illness in Individuals with IDD: Part Two

Part 1: Prevalence, Steps to Diagnosis, What mental illnesses look like in IDD, and Anxiety Disorders in IDD

Part 2: Schizophrenia, Mood Disorders, Treatment challenges and effective strategies for intervention, Medication overview, and What Qs and DSPs can do to support individuals right now

**June 13, 2019**

Facilitated by Shannon Benaitis

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## About the Facilitators



### Shannon Benaitis, PHR

has worked in disability services for 20 years, in positions ranging from direct support, to QIDP, to mental health counselor, to program manager and director, to nursing home monitor. Previously, she was the Director of Staff Training and a project manager at Clearbrook. Currently, Shannon is a consultant and independent contractor for her company, Albatross Training Solutions. She is also a service dog mom to Gordon and a lupus patient.

### Christine Ziemba

is the Director of Training for Clearbrook. Christine has been working in social services for almost 20 years in positions ranging from house manager to DSP & Job Coach to case management to supervision & administration, and in varied settings including a residential home for the State of Illinois, Supported Employment Services, sheltered workshop, transportation, home-based services, Autism programs, a specialized program for individuals with high medical needs, and Staff Training.

### Stephen T. Hale

is currently pursuing his MSW with a concentration in Holistic alternatives. Stephen earned a Bachelor's degree in Psychology in 2013. Since that time, Mr. Hale has worked in residential facilities as a case manager for juvenile sex offenders and in skilled nursing facilities as a psychosocial rehabilitation counselor conducting group and grief counseling. Mr. Hale currently interns at the Will County Health Department, providing therapy and symptom management groups for adolescents with severe mental illness.

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**Clearbrook and Albatross  
Spring 2019 Webinar Series**

**March 21: Organization Ideas  
for the Overwhelmed**

**April 4: Rethinking Staff  
Motivation and Retention**

**April 25: Helping Families Decide  
if a Service Dog is Right for Them**

**May 9: What in the LGBTQ?**

**May 23: Dual Diagnosis Part 1**

**June 13: Dual Diagnosis Part 2**



## Registration Information

### General Information:

- ✓ You will need a computer with internet connection and either speakers or a telephone connection to see and hear the webinar(s).
- ✓ You can have as many staff as you'd like attend the webinar(s) with one paid agency registration. You will receive instructions regarding how to document attendance and participation for QIDP CEU purposes.
- ✓ All webinars are approved by the State of IL Department of Human Services for QIDP CEUs.

### Fees and Payment Information:

- ✓ You can register for one, two, three, four, five, or all six webinars.
- ✓ Cost: \$69 per webinar or \$325 for all six

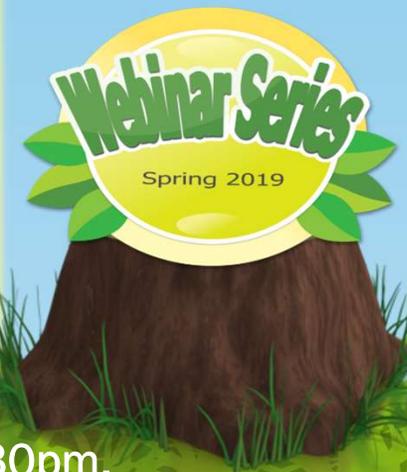
Register online with a credit card at [www.Clearbrook.org/professionaltraining](http://www.Clearbrook.org/professionaltraining) or email [proftraining@Clearbrook.org](mailto:proftraining@Clearbrook.org) if you need to pay by check.

### The Fine Print

A full refund will only be issued for cancellations received more than 7 days in advance of the webinar.

One registration =  
One log-on link  
for one device.

If you plan to connect to the webinar on more than one device or in more than one location, you must purchase additional log-on links.



All webinars take place on Thursdays from 10:30am-12:30pm.