

# Volunteerism



The goal of this session is to introduce the F.I.I.V.E. group members to one another and orient the group members to the F.I.I.V.E. program and expectations for members.



## OBJECTIVES:

1. Group members will learn about the F.I.I.V.E. program and the expectations of F.I.I.V.E. volunteer club members.
2. Group members will learn about the benefits of volunteering.
3. Group members will brainstorm ideas for future F.I.I.V.E. volunteer activities.



## ACTIVITIES:

### I. INTRODUCTIONS AND WARM-UP ACTIVITY

- a. Introductions of F.I.I.V.E. group members, staff, and guest speakers (if applicable)
- b. Warm-Up Activity (See Appendix A: Warm-Up Activities)

*NOTE: Before beginning the warm-up activity, have the group members create reusable nametags that can be worn around their necks or pinned to their shirts. Collect the nametags at the end of the day, and bring them to each session for the group members to wear.*

### II. PRESENTATION

(See Appendix B: Volunteer Activity Session Scripts for presentation materials on *Volunteerism*.)

### III. PROJECT: None for this session.

### IV. REFRESHMENTS AND DEBRIEFING

In lieu of a debriefing discussion, end the session by having the group participate in another warm-up activity.

*NOTE: Save the snacks and refreshments for the very end after Calendar*





### *Additional Tips or Suggestions:*

- This is the first session of the program — bring a lot of energy and enthusiasm!
- Consider inviting a guest speaker, such as a student representative from a local college's Center for Civic Engagement. He or she can elaborate on the importance of volunteering, and may provide some additional suggestions when brainstorming future volunteer activities.

*Corner/Announcements. Encourage the group members to linger for casual conversation.*

#### **V. CALENDAR CORNER/ANNOUNCEMENTS**

Prepare the group for the next F.I.I.V.E. volunteer activity session.

- ~ Date/Time/Location
- ~ Advertise guest speaker (if applicable)
- ~ Supplies (if applicable)
- ~ Recommend appropriate attire (if applicable)

#### **VI. RECORDKEEPING**

(See Appendix C: Recordkeeping Materials to use with each volunteer activity session.)